

An Online Spiritual Journey

Vocational Virtual Retreat

SESSION 2
The Light



Brothers of
the Christian
Schools

LISTEN

Be aware of where YOU are and what You're doing. Repeat: "Let us remember that we are in the holy presence of God."

Be aware of what's going on around you. Listen now to the song...



Come and See (Official Lyric Video) - Connection Music

Watch later Share

COME AND SEE

official lyric video

Watch on  YouTube

A QR code is located in the bottom right corner of the video player area.



The image features three lit white candles. One is tall on the left, one is tall on the right, and one is shorter in the center foreground. The flames are bright yellow and orange, casting a warm glow. The background is a soft, out-of-focus greyish-blue.

PAUSE

Focus your attention on the lit candle. Recall a phrase of the song or just breath deeply.

Remember: It's not all in your head.
It's also in your heart

"COME AND SEE"

Read carefully this short excerpt from the Gospel.

38 Jesus turned. He saw them coming after him. He said to them, 'What are you looking for?' They said, 'Teacher, where do you live?'

39 Jesus said, 'Come and see.' They went and saw the place where Jesus was staying. The time was about four o'clock in the afternoon. They stayed with Jesus the rest of the day.

John 1:38-39

Please Listen to the Audio Reading.



You are doing this virtual retreat considering God's call.


A silhouette of a person's head and shoulders is centered in the frame, looking out a window with horizontal blinds. The person is facing away from the camera, and the light from the window creates a strong backlighting effect, silhouetting their form against the bright light. The blinds are partially open, allowing some light to filter through.

What am I being call to?

DISCERN

Discern for a moment:
What are the calls you can recognize from
God at this present moment...

Maybe a change in your job, a new project,
or your attitudes?



Present
your
thoughts,
intentions
and dreams

PRAY

Talk with God.. feel free to call him Friend, Father, Lord, Abba... You can start by saying: Dear God, I thank you for this moment...

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*Follow
the inspirations that
come to you from
God.”*

ST. JOHN BAPTIST
DE LA SALLE,
PATRON SAINT
OF TEACHERS

ACT

Create a commitment for your day.
(You can write it on your notebook)
Promise yourself to continue with
the next session.



Please know that I will keep you in
prayer as you make this retreat.

Brother Edward
shields@fscdena.org
718-809-1220



EXPLORING YOUR VOCATION AS A CHRISTIAN BROTHER